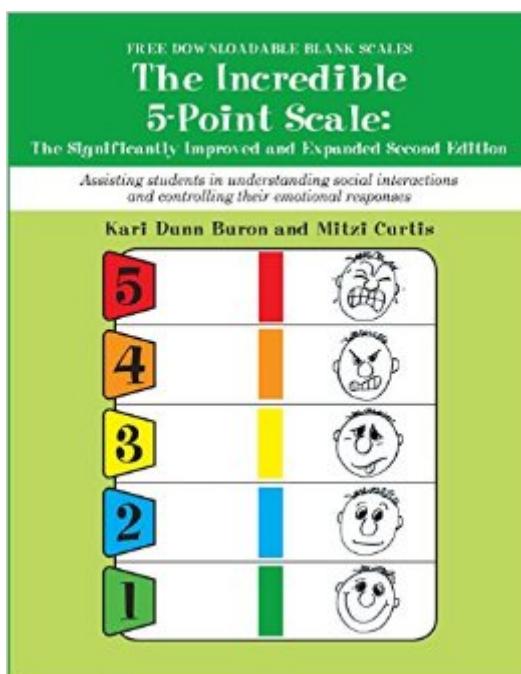


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# Incredible 5 Point Scale: The Significantly Improved And Expanded Second Edition; Assisting Students In Understanding Social Interactions And Controlling Their Emotional Responses



## **Synopsis**

This much-awaited, second edition of the wildly popular Incredible 5-Point Scale is, as the title suggests, "significantly improved and expanded." Using the same practical and user-friendly format as the first edition, Buron and Curtis let readers benefit from work done with the scales over the past 10 years, to result in refinements to the original scales, now considered "classics" in homes and classrooms across the country and abroad, as well as lots of new scales specifically designed for two groups of individuals: young children and those with more classic presentations of autism, including expanded use of the Anxiety Curve. Another welcome addition is a list of goals and objectives related to incorporating scales in students' IEPs. Also, a free online downloadable content, which includes blank scales, small portable scales and worksheets for easy duplication is available. As in their other writings, the authors emphasize the importance of self-management and self-regulation, two evidence-based practices.

## **Book Information**

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## **Customer Reviews**

This second edition of THE INCREDIBLE 5-POINT SCALE book is a great resource for those in the education field and families touched by autism. This book expands on the first book by including new ideas for teaching and also rewarding behavior and social management skills. The book details how scales can be used to teach individuals who are non-verbal or who are on the more severe side of the spectrum. This technique is so basic and yet so easy-to-use and hands-on that anyone can start using the techniques immediately (either with a pad of paper and pencil or by simply

printing off scales from the included CD). The table of contents includes: Introduction (using the scale, ultimate goals, a few personal examples) The "Tried & True" Scales from the First Edition \*\*\*Volume Control \*\*\*Hurtful Words \*\*\*Obsessions \*\*\*Home Scale \*\*\*Meeting Friends \*\*\*Control \*\*\*Taking Perspectives \*\*\*Touching Rules \*\*\*Understanding Feelings \*\*\*Monitoring Anxiety Scales for Young Children \*\*\*Visual/Picture Scales Scales for Students with More Classic Forms of Autism \*\*\*Concrete, Activity-Related Scales \*\*\*Anxiety-Related Scales More "Pretty Good" Scale Ideas Sample Goals and Objectives Related to the Use of the 5-Point Scale Also included is a CD which contains blank scales making it easy to create useful resources for your classroom or family member. Within minutes of opening up this book, you can come away with hands-on useful strategies to put to work immediately. These can be used by teachers, paraprofessionals and other campus staff members (like school psychologists and therapists) as well as readily usable by families in the home setting. *In His Shoes, A Short Journey Through Autism*

This is a thoughtful update of a classic. If you are looking for ways to help autistic students to understand feelings and to implement strategies to change behavior, I would recommend this as a fundamental part of your library. Please note that this is not a classroom management tool to rate behavior. It is a way to help students manage their own lives.

I purchased this book hoping to get tips on creating a 5 point scale for helping my child recognize and problem-solve their escalation issues. It has a great explanation and anecdotes of situations in which it helped children/teens/adults in visualizing their emotional states. The whole concept is a great strategy, first in creating a scale for emotional states or graphing escalation and as detailed as creating rubric for expected behaviors. However, I was a little disappointed that they don't parallel other social thinking products such as the Zones of Regulation. We were incorporating both systems and if your child is very visual and rigid, this can throw you/them off.

I would recommend this book for any teacher with students on the spectrum, as well as students with behavior difficulties. I started using the first edition and liked it, now I am using the second edition with the printable CD and LOVE it. The CD lets you customize the zones to fit individual needs.

Great tool to use as a therapist. The book presents many different ways to use the 5-point scale: for a child who is aggressive, anxious, etc. My favorite use of the tool is to use a 5-point scale for kids

to identify their behaviors at each level 1-5 (e.g., 5 = out of control; hitting, kicking, biting, spitting); next column is for "What I can do" and the final column is for the parent to work out their strategies ("What my mom/dad can do").

No CD came with the book-- just the paperback book. I purchased this book to help a child with autism so that we can work on managing his behaviors. The scales are a nice visual and can be incorporated into a classroom or home setting.

I bought this because it advertised free blank scales. There are none in the book, and there was no CD included with my book. There are none available for free online, and I don't feel like paying a download fee for a scale when that was the reason I purchased this book. I'm frustrated. Like a good 3 on the 5 point scale.

We've used this to help kids get in touch with their feelings and gage how to respond more appropriately. There are several templates you can use for a variety of things such as feelings, how loud a voice is inside or out, responses, etc....

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